

#RegionVIIIYouthToday

RISK BEHAVIOR OF YOUNG PEOPLE IN EASTERN VISAYAS

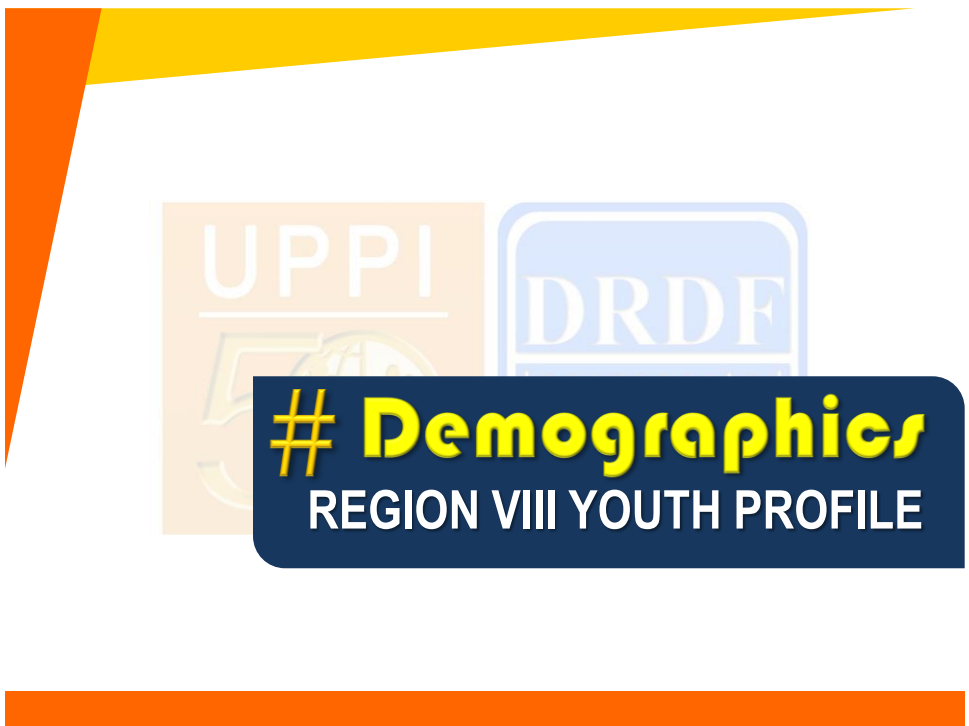
PART 1

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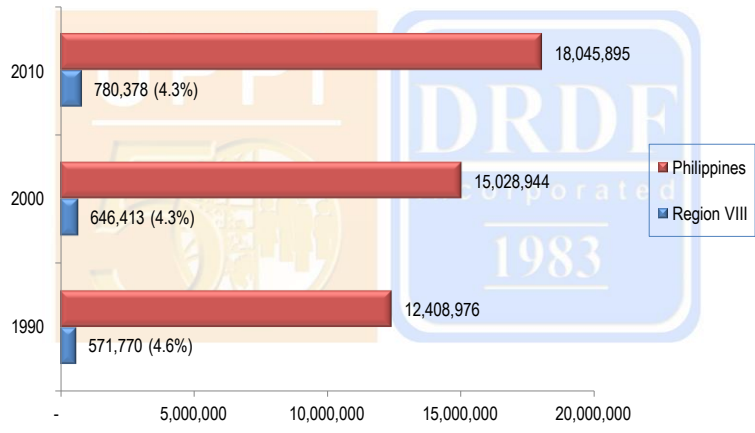
OUTLINE

- ### Part 1
- Population of the youth in Eastern Visayas
 - The 2013 YAFS Study
 - Youth profile
 - Media exposure
 - Nonsexual risk behaviors
 - Sources of information about sex and reproduction
 - Summary

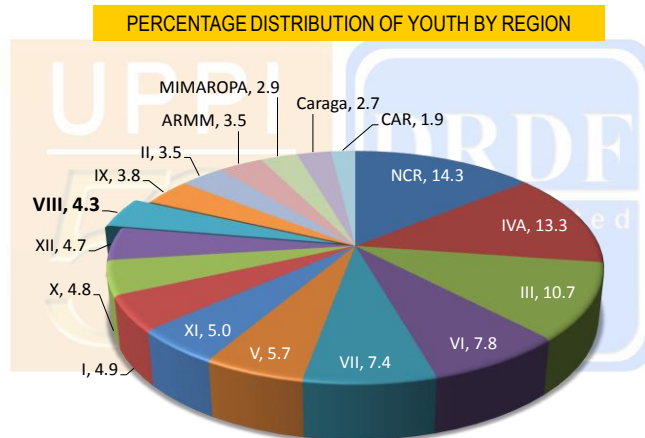
- ### Part 2
- Sex and media
 - Sexual activities
 - Teenage fertility
 - Knowledge of HIVs/STDs
 - Summary and conclusions



**Number and percent of youth population:
Philippines and Region VIII**



4.3 percent of the country's youth are in Region VIII

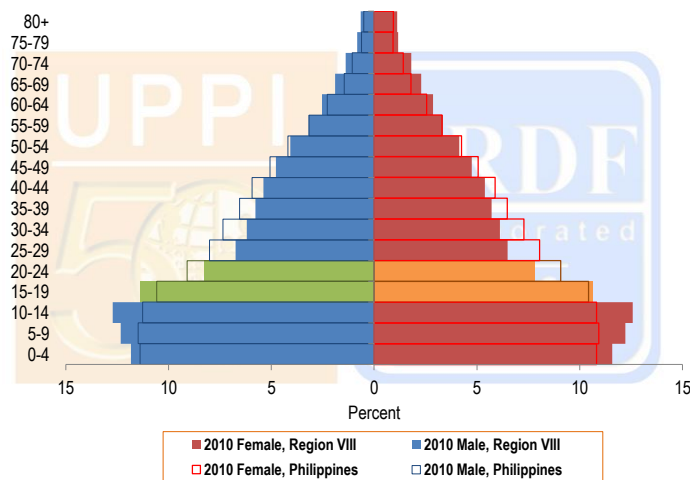


Source: 2010 Census

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Young population in Region VIII and in the Philippines as a whole



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THE 2013 YAFS STUDY

Background

- 4th round of nationally-representative surveys on Filipino youth 15-24 years old
- Jointly implemented by the
 - Demographic Research & Development Foundation (DRDF)
 - University of the Philippines Population Institute (UPPI)
- Funded by The Australian Government through UNFPA, Department of Health & Philippine Council for Health Research and Development (PCHRD)

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Predecessor surveys


1982 YAFS
(5,240 female respondents)



1994 YAFS
(10,879 male and female respondents)



2002 YAFS
(19,728 male and female respondents)



General objective of YAFS4

To provide updated information on a broad framework of adolescent sexuality and reproductive health issues, their antecedents, and manifestations that will be useful in the design of interventions to safeguard the health and welfare of Filipino youth.

Survey instruments

- ❑ **10** survey instruments
 - Household Form
 - 8 Individual Questionnaires for the youth respondents
 - 4 Main Questionnaires
Single Female, Married Female, Single Male, Married Male
 - 4 Muslim Questionnaires
Single Female, Married Female, Single Male, Married Male
 - Community Form
- ❑ All questionnaires were translated to 6 major languages

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Main questionnaire contents

Block A. Individual characteristics
Block B. Family characteristics and relationships
Block C. Self-esteem and values
Block D. School, work and community
Block E. Media
Block F. Friends and peers
Block G. Health and lifestyle

Block H. Marriage
Block I. Puberty, dating and sex
Block J. Fertility and contraception
Block K. Knowledge and attitudes towards marriage, sex and related issues
Block L. Reproductive health

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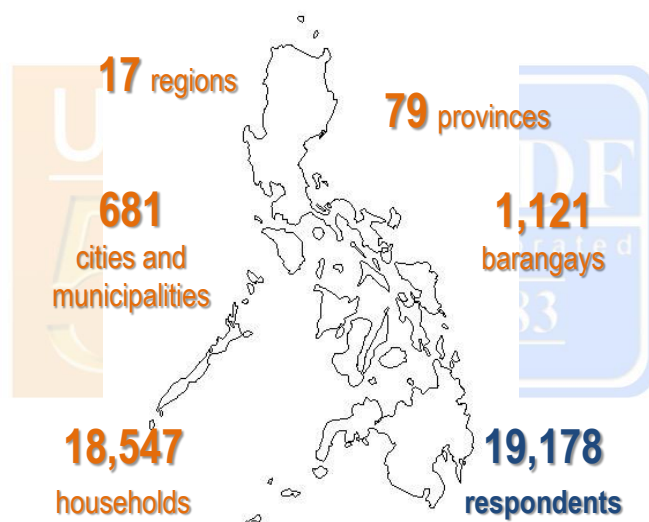
Survey design

- Sampling design: Multistage stratified random sampling
- Sampling domain: Region
- Sample size per region: About 1,000 respondents
- Respondents: 15-24 years old single and married males and females

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National coverage of YAFS4



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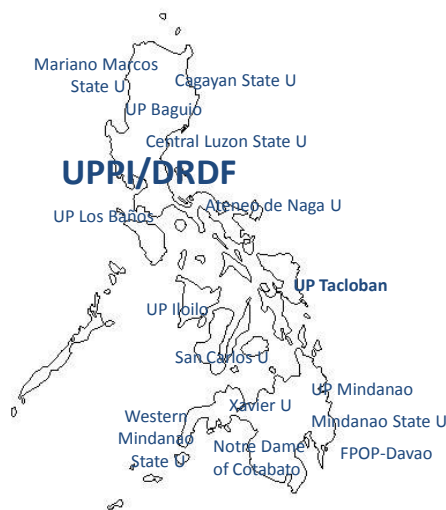
Coverage of YAFS4 in Region VIII

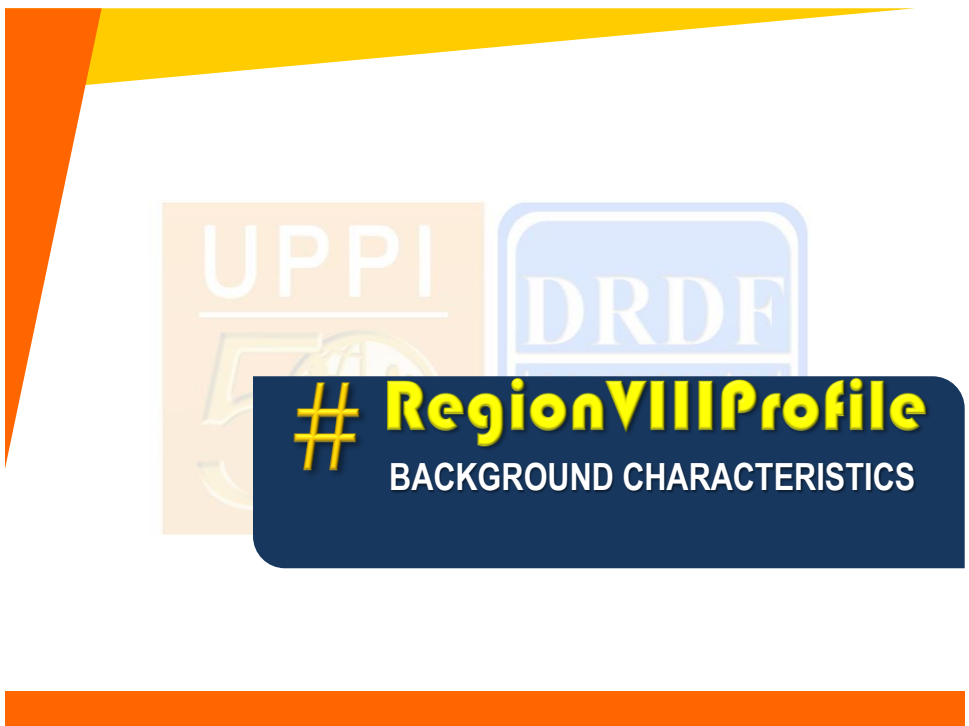
All 6 provinces
51 cities and municipalities
68 barangays
1,107 households
1,122 youth respondents



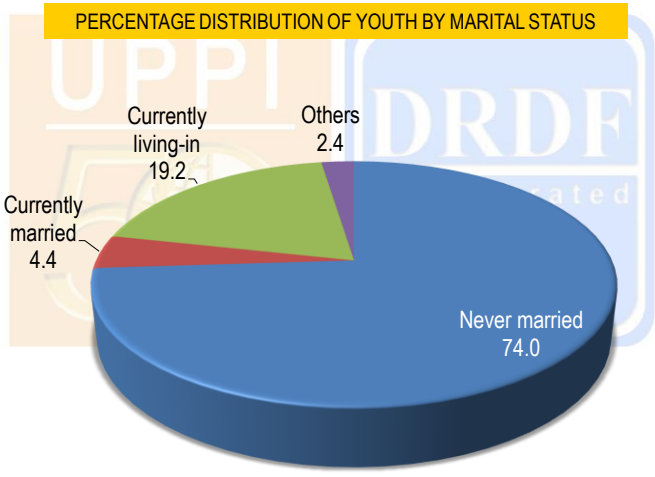
Field implementation

- Fieldwork was conducted from January to May 2013
- Regional network of research and academic institutions were involved in the data collection

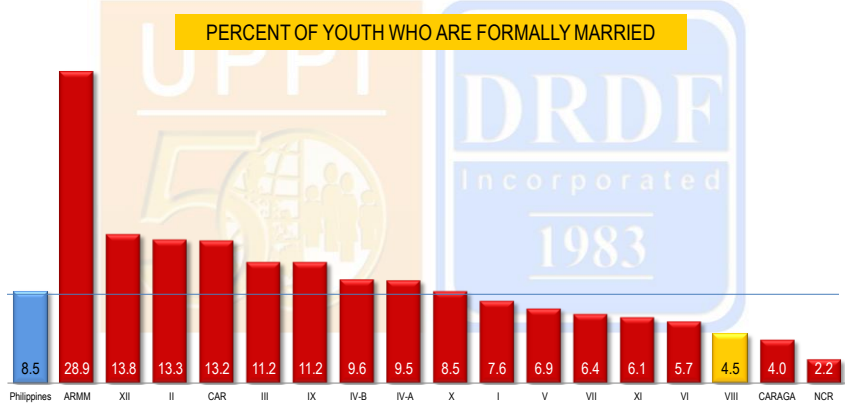




Majority of Region VIII youth have never been married



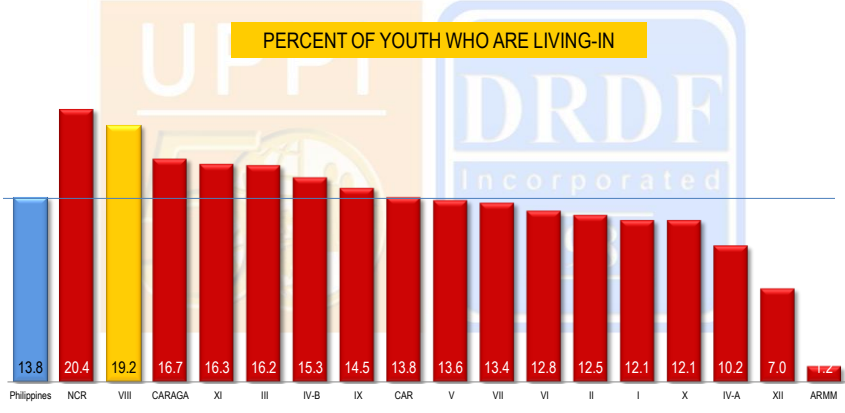
Proportion of youth who are formally married is the 3rd lowest in the country



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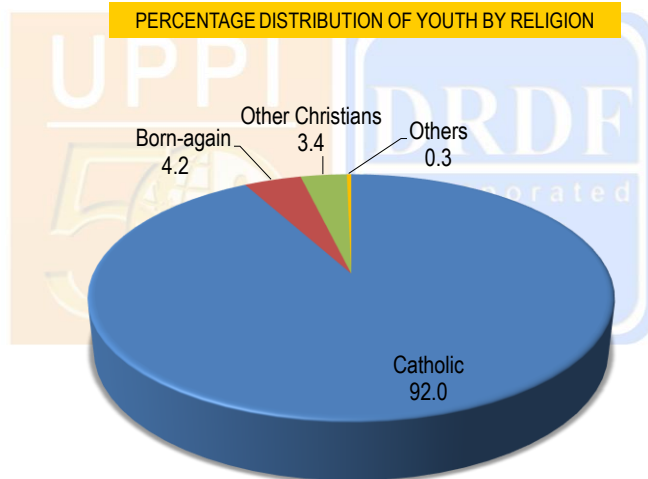
... But the proportion who are in a live-in arrangement is the 2nd highest in the country



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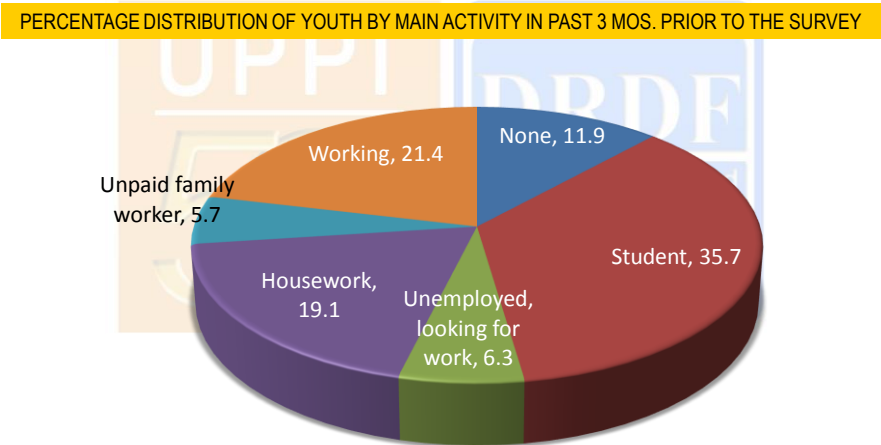
Majority of Region VIII youth are Catholics



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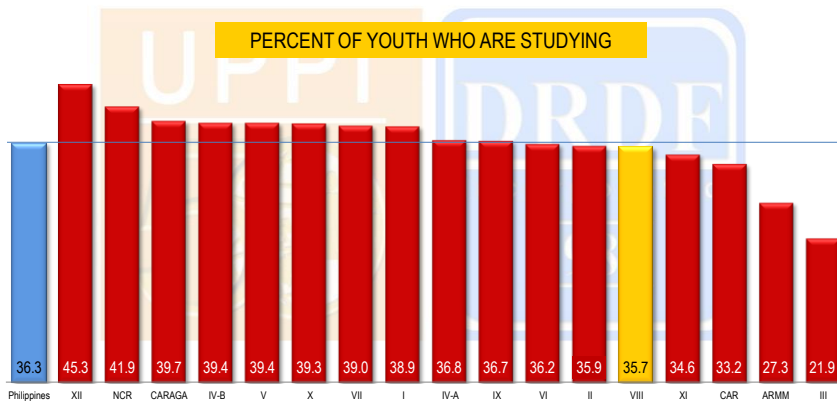
More than 1 in 3 youth in Region 8 are students



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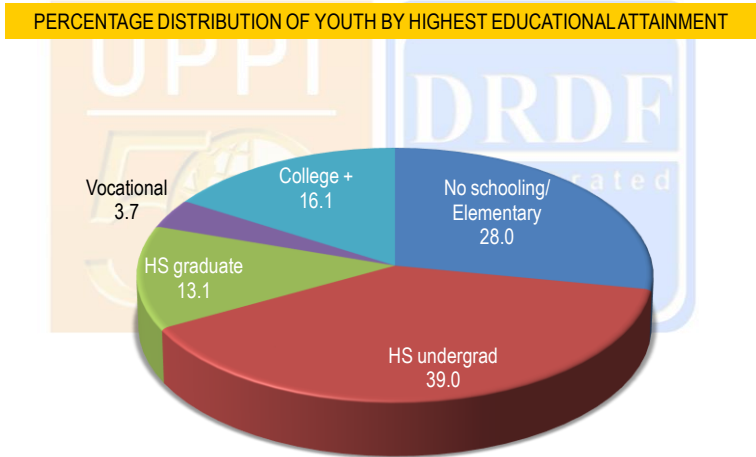
Region VIII has the 5th lowest proportion of studying youth



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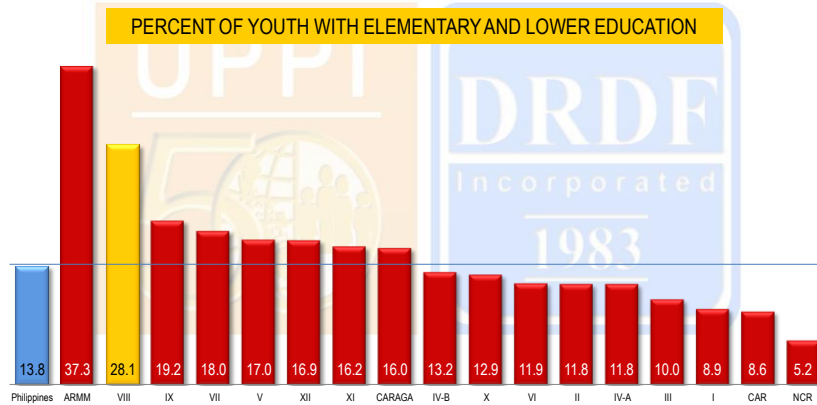
Most Region VIII youth have at least some high school education



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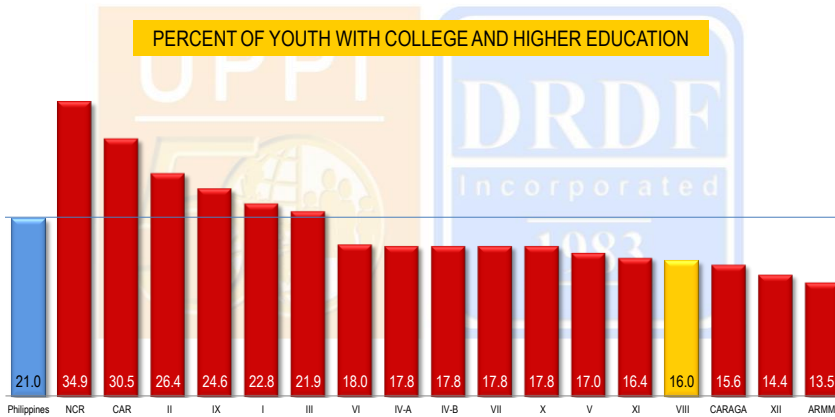
Region VIII also has the 2nd highest proportion of youth with elementary and lower education



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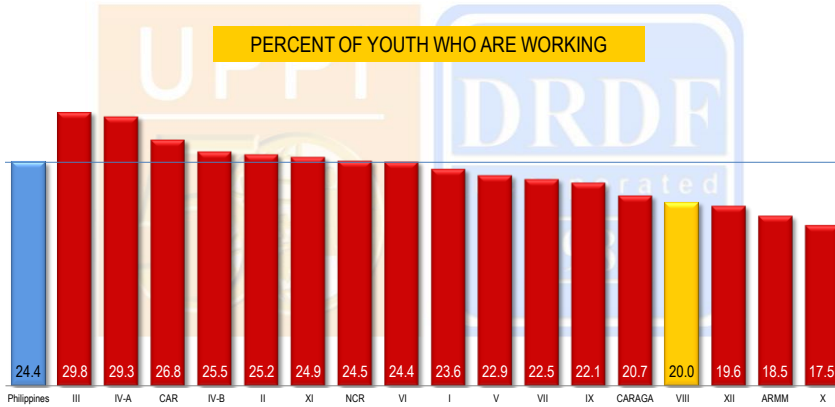
... and has the 4th lowest proportion of youth with at least some college education



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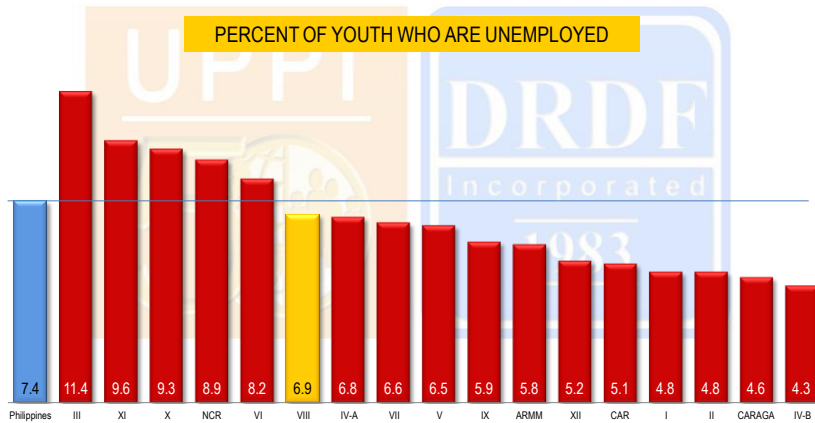
Only 1 in 5 youth in Region VIII is working



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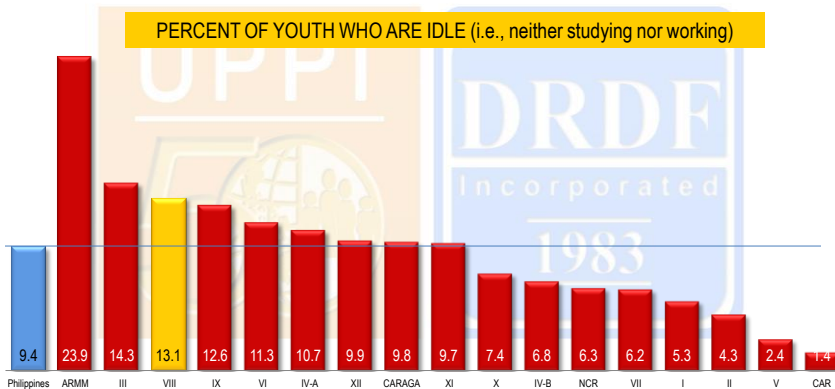
Unemployment among the youth is below the national level



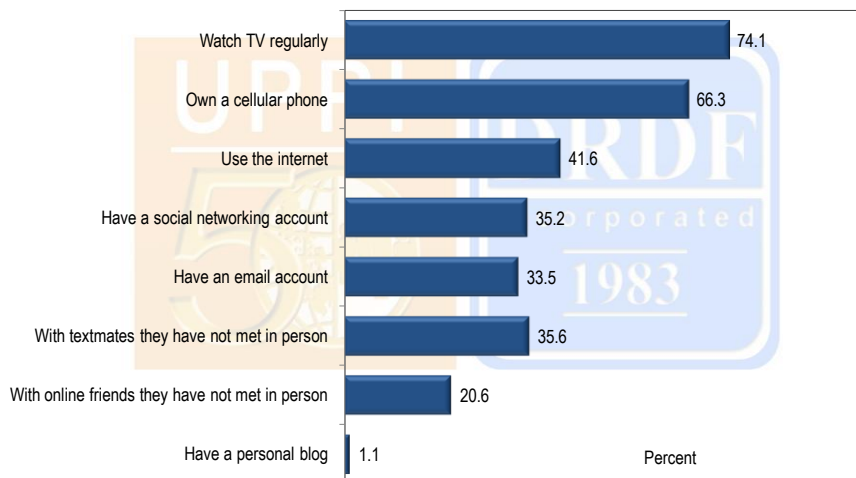
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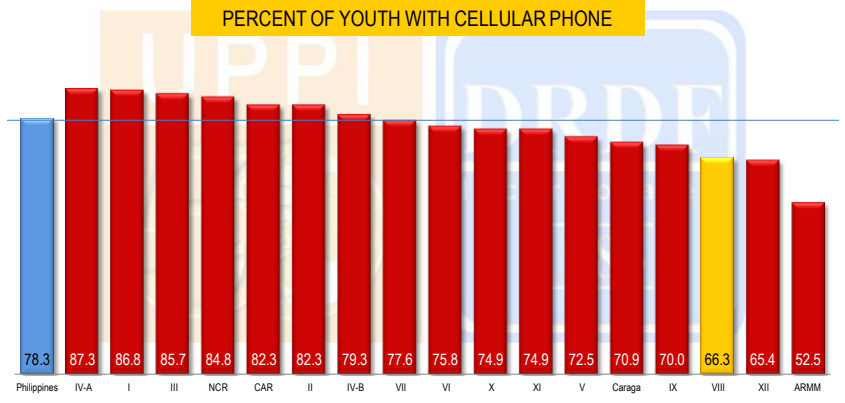
Proportion of youth who are idle is the 3rd highest in the country



Region VIII youth are digitally wired



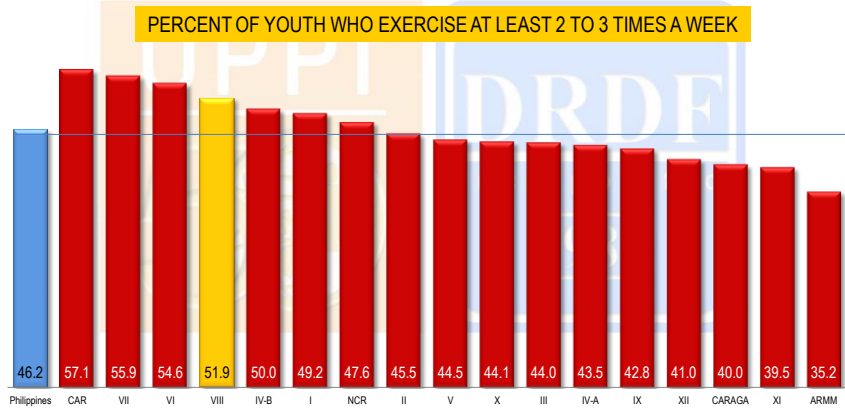
Two-thirds of Region VIII youth have cellular phones



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Proportion of Region VIII youth who exercise at least 2 to 3 times a week is the 4th highest in the country



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Region VIII youth consume the following food and drink generally lower than the national levels

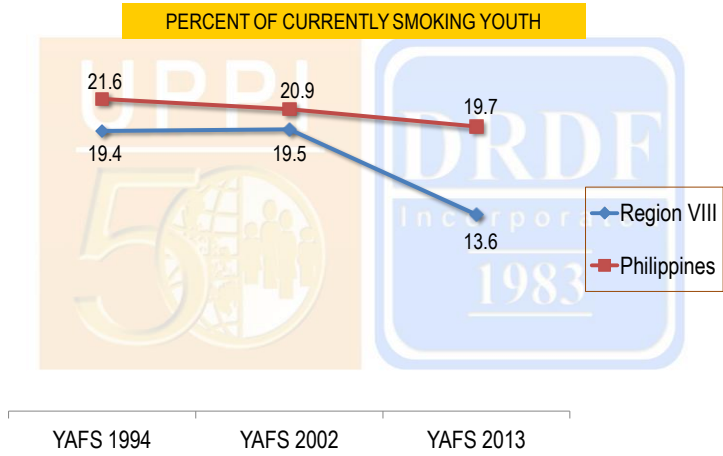
At least once a week,	Region VIII	Philippines
Consume instant noodles	61 %	63 %
Eat hamburger	22 %	38 %
Eat fried chicken	37 %	48 %
Consume fried street food	35 %	49 %
Grilled street food	47 %	52 %
Drink carbonated drinks	53 %	68 %
Drink coffee or tea	71 %	70 %

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NONSEXUAL RISK BEHAVIOR

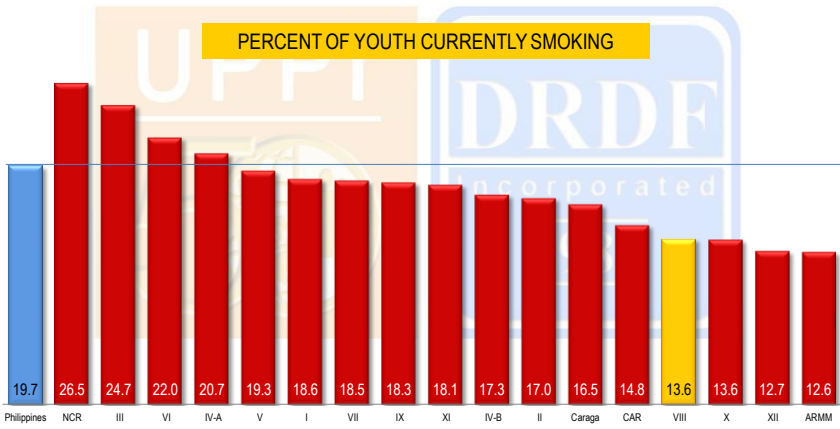
Decline in the proportion of currently smoking youth



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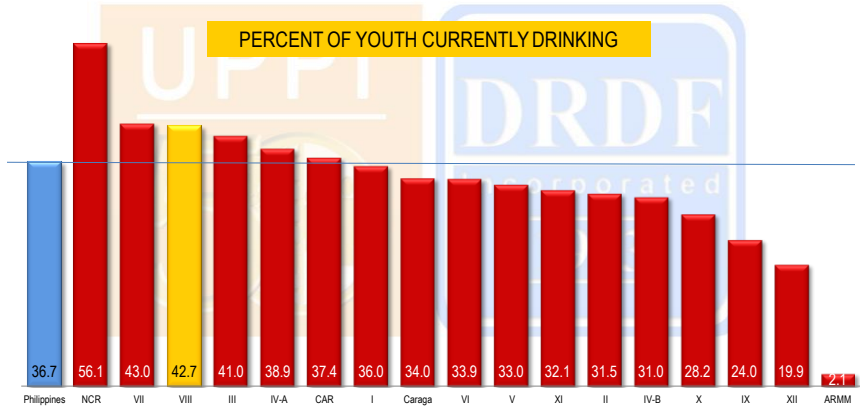
Region VIII has the 4th lowest proportion of youth who are currently smoking



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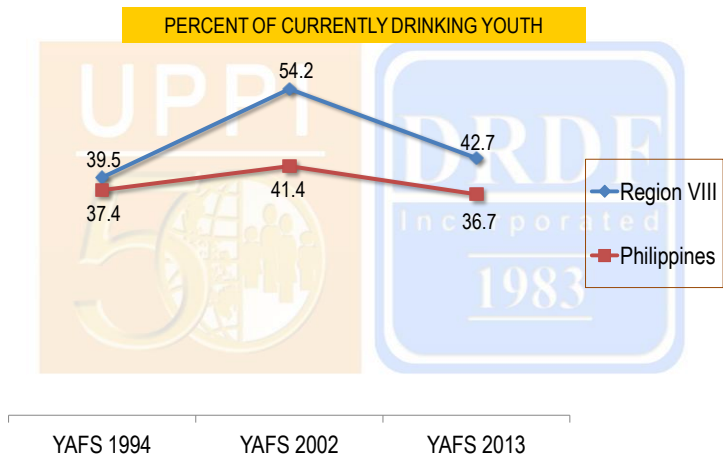
... But the proportion of youth who are currently drinking is the 3rd highest in the country



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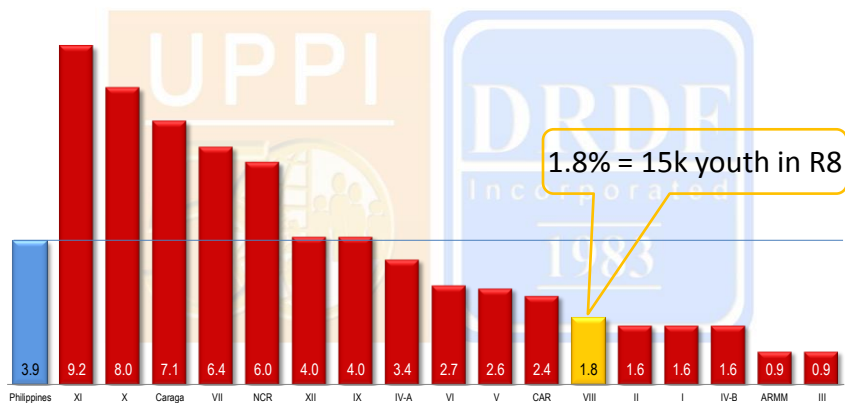
Decline in the proportion of currently drinking youth in the past decade



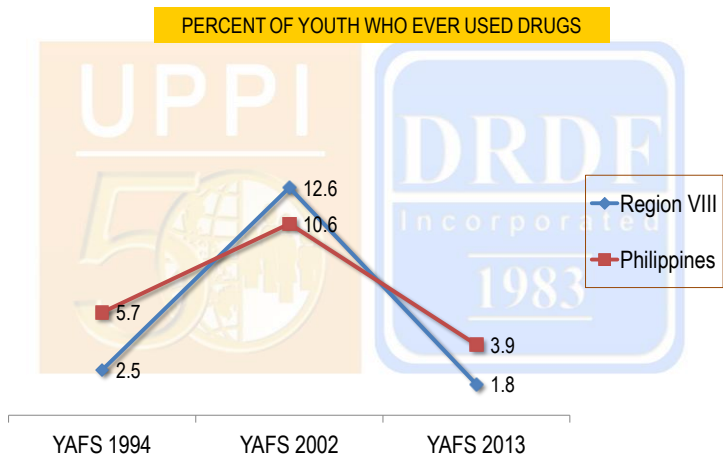
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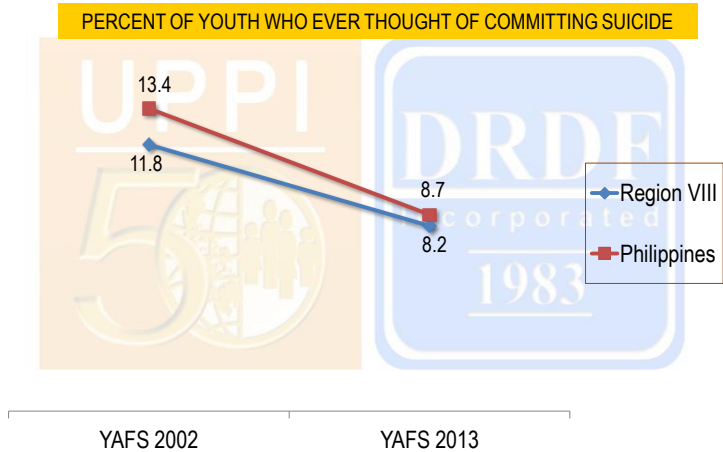
Nearly 2 in 100 youth have ever used drugs



Decline in the proportion of youth who ever used drugs



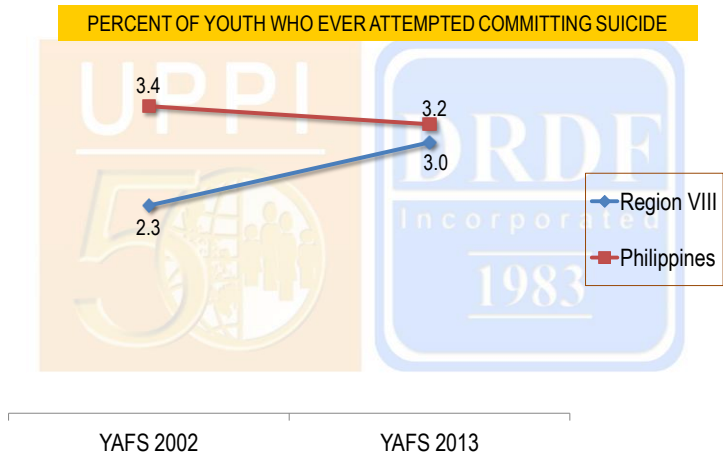
Decreased proportion of youth who ever thought of committing suicide



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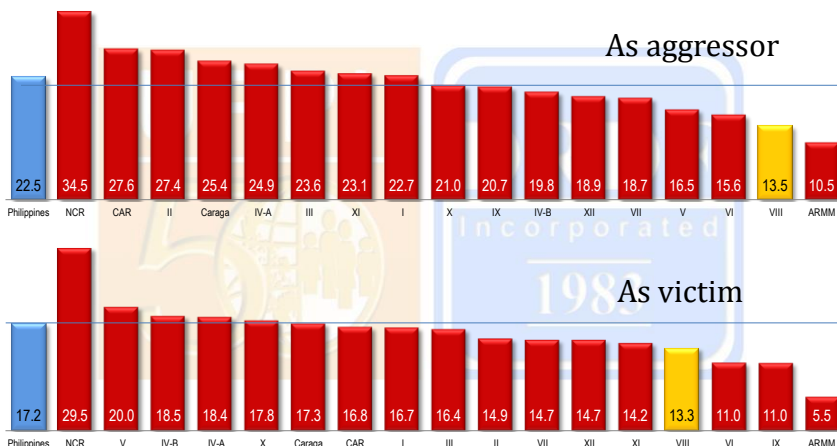
... But the proportion of youth who ever thought of committing suicide increased in the last decade



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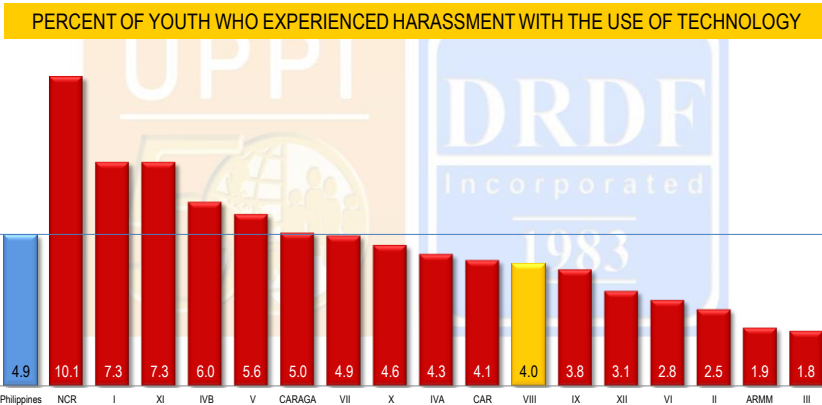
Proportion of Region VIII youth who have been aggressors of violence is the 2nd lowest in the country; proportion of victims is the 4th lowest



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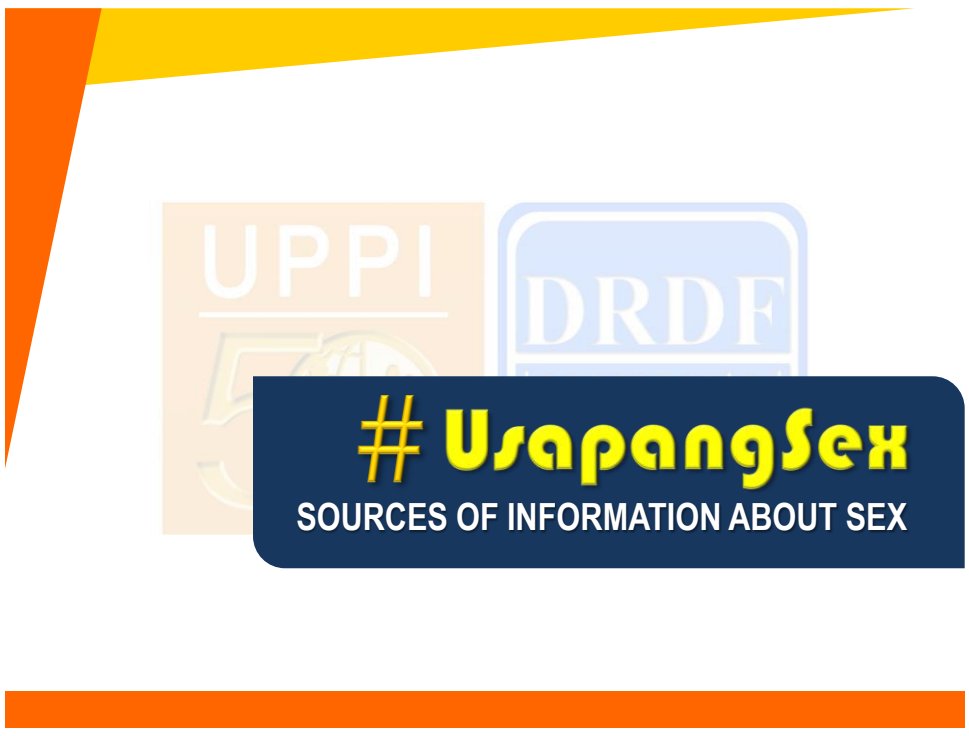
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Proportion of youth who experienced harassment using technology is below the national level

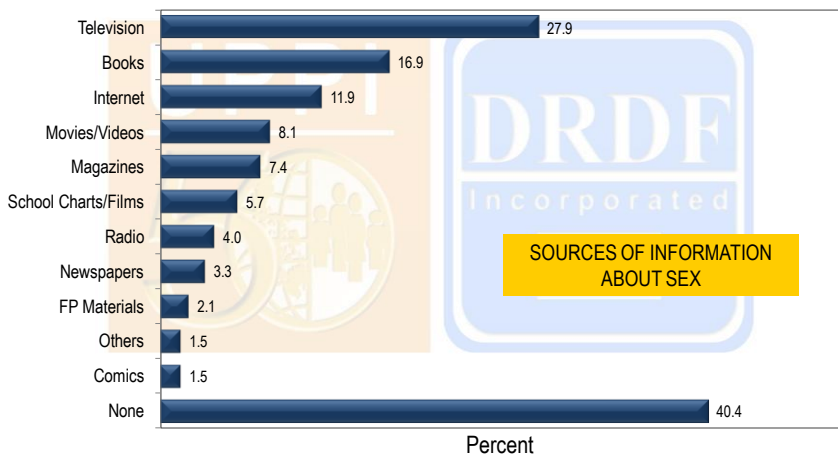


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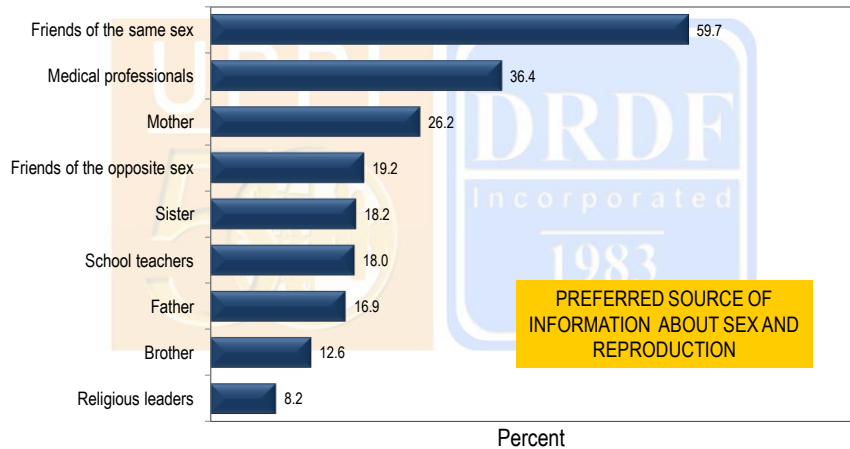
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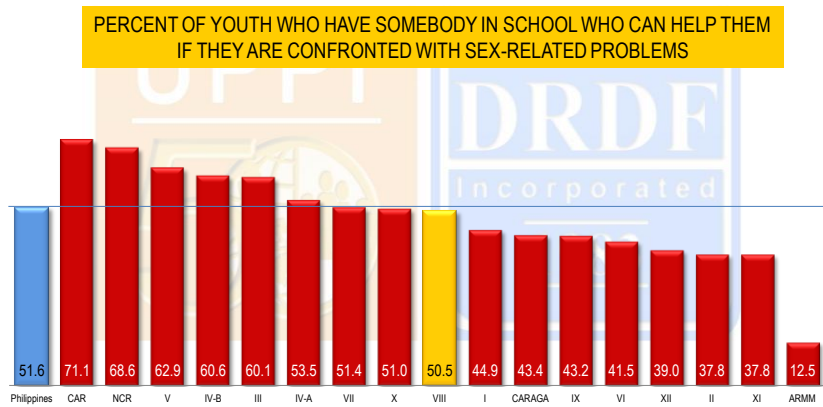
2 in 5 Region VIII youth do not have any source of information about sex



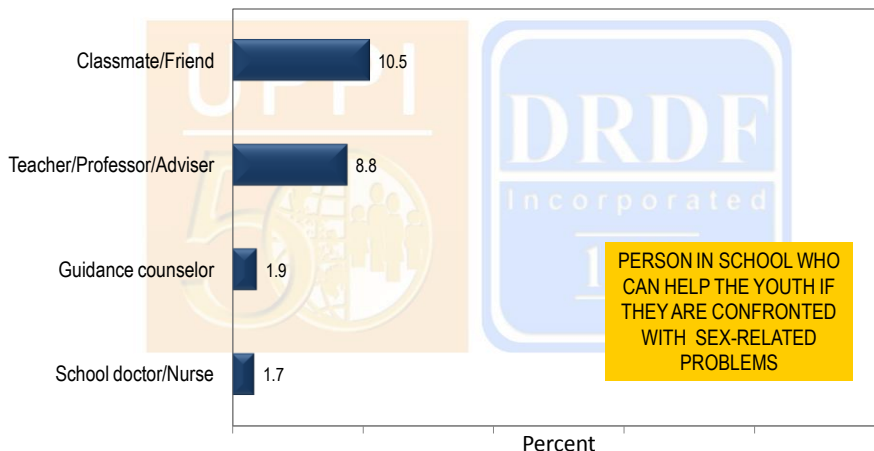
Friends of the same sex and medical professionals are Region VIII youth’s most preferred sources of information about sex and reproduction



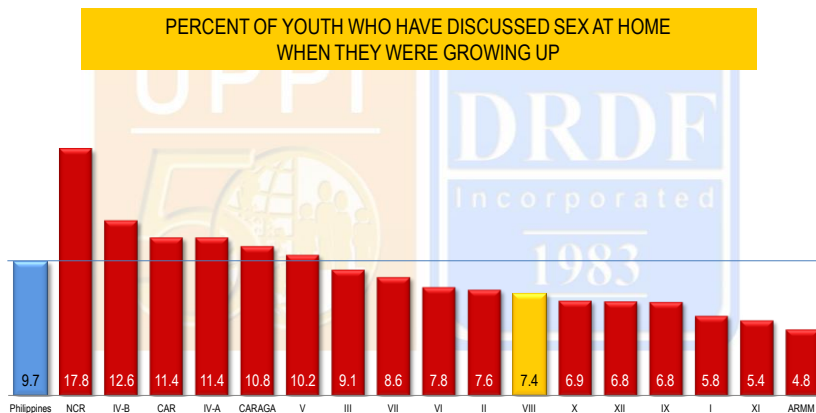
Proportion of youth who can find help in school regarding sex-related problems is below the national level



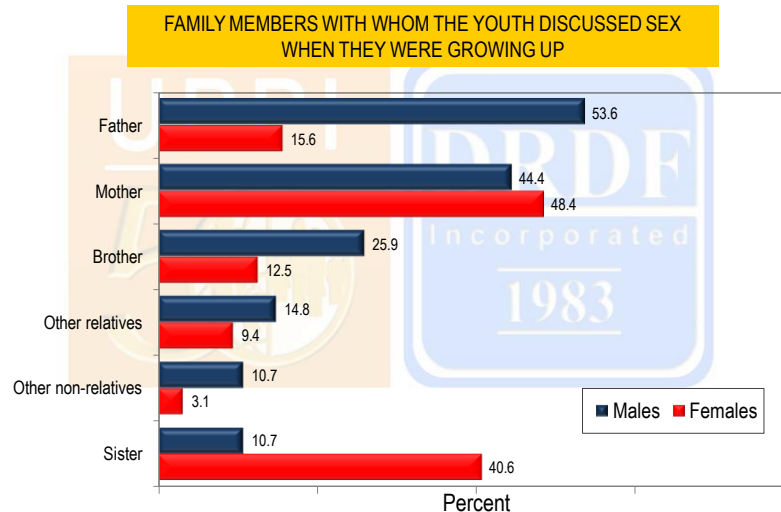
Most Region VIII youth identified their classmates/friends as the persons who can help them if they have any sex-related problem



Only 7 in 100 Region VIII youth have discussed sex at home while growing up



Most discussions of sex at home are between fathers and sons, mothers and daughters



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SUMMARY

Profile of Region VIII youth

- About 3 in 4 youth in Eastern Visayas have never been married. More youth are in a live-in arrangement (19 %, 2nd highest in the country) than in a formal union (4.5 %) - a pattern consistent with the national figure.
- More than one-third were studying in the three months prior to the survey.
- Most of the youth have at least some high school education (72 %) but the region has the second highest proportion of youth with less than high school education.
- Unemployment among the youth (7 %) is below the national level.
- 13 percent are idle, i.e. they are neither studying nor working, the third highest in the country.

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SUMMARY

Media exposure of Region VIII youth

- Very high use of new information technology
 - Use the internet: 41.6%
 - With a social media account: 35.2%
 - With an email account: 33.5%
 - With online friends they have not met personally: 20.6%
 - Own a cellular phone: 66.3%
 - With textmates they have not met personally: 35.6%

Health and lifestyle of Region VIII youth

- 52 % exercise at least 2-3 times a week
- Youth from Eastern Visayas consume certain food and drinks at levels generally lower than the national figure

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SUMMARY

Non-sexual risk behaviors of Region VIII youth

- Decline in the % who are into smoking, drinking, and drugs. Still, of the estimated 824,485 Region VIII youth in 2013:
 - More than 112,000 are currently smoking
 - More than 352,000 are currently drinking
 - Nearly 15,000 have ever used drugs
- Proportion who ever thought of committing suicide (8.2%) has decreased and is below the national level
- But the proportion who ever attempted suicide (3.0%) has increased (though still below the national level)
- Proportions who have been aggressors and victims of violence are among the lowest in the country

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SUMMARY

Sources of information about sex of Region VIII youth

- Among those who have some sources of information about sex, most rely on TV, books, and the internet
- Friends (particularly of the same sex), medical professionals, and mothers are the persons they will turn to if they have questions about sex or confronted with any sex-related problem
- The majority (40%) who rely on themselves for information about sex is a cause for concern
- Very little discussion of sex at home
 - Most discussions of sex at home transpire between fathers and sons, and mothers and daughters

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Thank You!

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Young Adult Fertility & Sexuality Study (YAFS4)



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